



*7th Year of International
Ice-Skating Training Camp Prešov 2023.*



Prešov 26.05.2023 – 11.06.2023

7th Year of International Ice-Skating Training Camp Prešov 2023.

In three camp sessions we offer you:

15 training days
135 on-ice training units
**90 off-ice training units /off ice, ballet/
offer of individual trainings**

Organizers: SKATING SPORTS Prešov, Sázvského 1, Prešov

Place: PSK Arena Prešov, Pavla Horova 33, Prešov 080 01

Contact: Mária Pucherová Marčišinová, sustredeniessvk@gmail.com, 0907 951 205

Registration deadline: send your registration form until **31.03.2023**

Payment: the fee must be paid until **10.04.2023**

Account: IBAN SK79 1111 0000 0014 0322 9015,

SWIFT: UNCRSKBX – held at UniCredit Bank Prešov

Head coaches: – I. group A, B & II. group

Oleg Tataurov /Russia/– jumps, pirouettes

Dmytro Ignatenko /Ukraine/ - jumps, pirouettes

Vladislav Vladimírov/Russia/ – slides, technique, pirouettes

Yan Lukousky /Belarus/ - slides, technique, pirouettes, choreografia

Michal Mazúr /Ukraine/– ballet

Miroslav Vybíral /Slovakia/- dance

Head coaches: – III. Group

Dmytro Ignatenko /Ukraine/ - jumps, pirouettes

Yan Lukousky /Belarus/ - slides, technique, pirouettes, choreografia

Anastasia Gozhva/Ukrajina/-jumps, pirouettes

Michal Mazúr /Ukraine/– ballet

Miroslav Vybíral/Slovakia/- dance

All the trainings are run by our head coaches.

There are extra fees only for individual trainings marked with “IT” that can be

ordered at your own discretion.

The camp session is focused on quality education and that is why the number of participants is not to be increased. The participants will be admitted to the training camp according to the registration date. The camp session is focused on jumps, pirouettes, slides, off ice and rhythmic.

Participants may register in the groups according to their performance:

| | | |
|--|-----------------------------|---|
| 1 A group 550,00 Eur/Tour | Max. 10 participants | 2A, at least triple jumps / 15 x on ice, 5 x off ice, 5x ballet |
| 1 B group 550,00 Eur/Tour | Max. 10 participants | 2 jumps, 2A jumps training, 3 jumps training / 15 x on ice, 5 x off ice, 5x ballet |
| 2 group 500,00 Eur/Tour | Max. 11 participants | single jumps, 2 jumps / 15 x on ice, 5 x off ice, 5x ballet |
| 3 group 420,00 Eur/Tour | Max. 12 participants | single jumps + 1A / 15 x on ice, 5x off ice, 5x ballet |

individual trainings - Oleg/35 Eur-30 min., Vladislav/35 Eur - 30 min.

individual training - Dmytro/20 Eur-30 min., Yan/20 Eur - 30 min., Nast'a/15 Eur-30 min.

General Information:

It is possible to book an accommodation, please contact the organizer if interested.

Lunches or dinners can be ordered in the price of 5.50 EUR, contact the organizer if interested.

The detailed training schedule will be sent upon the confirmation of your registration.

Instructions for participants:

- no video recording allowed
- insurance of the participants is not included in the price
- the organizers are not responsible for any eventual injuries
- each participant shall have health insurance taken out in the territory of the Slovak Republic
- participation at the training camp is at own responsibility of the participants, in case of minor children at statutory representatives' responsibility or at responsibility of the persons responsible for them

Should you have any more questions, please contact us via e-mail or phone: sustredniesvk@gmail.com, 0907 951 205

This is the chance to cross your own limits, to move further and learn something new!

Mária Pucherová Marčišinová
Training Camp Organizer