



## 5<sup>th</sup> Year of International Ice-Skating Training Camp in the Style of Russian Ice-Skating School



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### In three camp sessions we offer you:

15 training days
135 on-ice training units
48 off-ice training units /off ice, ballet/
offer of individual trainings

Organizers: SKATING SPORTS Prešov, Sázavského 1, Prešov

Place: PSK Arena Prešov, Pavla Horova 33, Prešov 080 01

Contact: Mária Pucherová Marčišinová, sustredeniesvk@gmail.com, 0907 951 205

Registration deadline: send your registration form until 15.03.20321

Payment: the fee must be paid until 31.03.2021

**Account:** IBAN SK79 1111 0000 0014 0322 9015, SWIFT: UNCRSKBX – held at UniCredit Bank Prešov

Head coaches: Oleg Tataurov /Russia/- jumps, spins Dmytro Ignatenko /Ukraine/ - jumps, spins

Vladislav Vladimírov/Russia/ – ice dance, skating skills, technique, jumps, spins Georgiy Chernyshov /Ukrajina/ - ice dance, skating skills, technique, jumps, spins, choreography

Natália Belušáková /SVK/ - preparation for tests, spins, choreography

Michal Mazúr /Ukraine/- ballet, dance

Your own coach is not needed at the training camp. All the trainings are run by our head coaches. There is no extra fee required for the coaches.

There are extra fees only for individual trainings marked with "IT" that can be ordered at your own discretion.

The camp session is focused on quality education and that is why the number of participants is not to be increased. The participants will be admitted to the training camp according to the registration date. The camp session is focused on jumps, spins and skating skills

#### **General Information:**

It is possible to book an accommodation, please contact the organizer if interested.

#### Lunches or diners can be ordered in the price of 5.00 EUR, contact the organizer if interested.

The detailed training schedule will be sent upon the confirmation of your registration.

#### Instructions for participants:

- no video recording allowed
- insurance of the participants is not included in the price
- the organizers are not responsible for any eventual injuries
- each participant shall have health insurance taken out in the territory of the Slovak Republic
- participation at the training camp is at own responsibility of the participants, in case of minor children at statutory representatives responsibility or at responsibility of the persons responsible for them
- more precise instructions and guidelines in terms of COVID-19- related measures will be provided to participants concentration no later than 14 days before the start / as the situation is mobile

If you have any more questions, please contact us via e-mail or phone: sustredeniesvk@gmail.com, 0907 951 205

| Camp Session 1 - 24.05.2021 - 28.05.2021<br>Camp Session 2 - 31.05.2021 - 04.06.2021<br>Camp Session 3 - 07.06.2021 - 11.06.2021<br>for two weeks price for three weeks |              | price for one week price |               |
|---|--------------|--------------------------|---------------|
| A. group/ice dance  | 500.00 Euros | 950,00 Euros             | 1350,00 Euros |
| 1. group  | 430.00 Euros | 810,00 Euros             | 1140,00 Euros |
| 2. group  | 430.00 Euros | 810,00 Euros             | 1140,00 Euros |
| 3. group  | 430.00 Euros | 810,00 Euros             | 1140,00 Euros |

Participants may register in the groups according to their performance:

| A <sup>st</sup> group Tance | Max. 5 pairs         | /15 x on ice, 2 x off ice, 2x ballet  |  |
|-----------------------------|----------------------|---|--|
| 1 <sup>nd</sup> group       | Max. 11 participants | mastered 2A, triple jumps training / 15 x on ice, 2 x off ice, 2x ballet    |  |
| 2 <sup>rd</sup> group       | Max. 12 participants | mastered double jumps, training of 2A / 15 x on ice, 2 x off ice, 2x ballet |  |
| 3th group                   | Max. 13 participants | mastered single jumps + 1A<br>/ 15 x on ice, 2x off ice, 3x ballet          |  |

Offer of individual trainings - Oleg/53 Eur-45 min., Vladislav/45 Eur - 45 min.

Offer or individual trainings - Dmytro/30 Eur-45 min., Georgiy/30 Eur - 45 min., Natália/30,00 Eur-45 min.

This is the chance to cross your own limits, to move further and learn something new!